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 This Factsheet has been produced with the financial support of the Rights, Equality and  
 JUST/2014/RDAP/AG/HARM/8001  
 AFTER - Against FGM/C Through Empowerment and Rejection Project

Dnraggeji italiaa fou to hokka robe- italiaa malla yaasi leddi -sembe djeji njamou. Denbo  
 robe ha italiaa do mari sembe aynal djeji danyugo, k obey wola dereji joodougo ha  
 wouro mane.  
 Hakkunde servisji djeji watougo bey haala njamou robe, **Clinigene**  
**waajugo djeji Dernirabe:** doun pellet himbe fou djeji wallugo robe bey  
 hakkilungo bey bamtugo sembe do ko larani Njamou robe, himbe bangi, derkene  
 bey bikkoy.  
 Bey do hokka balla!i bana ko larani wallugo robe ta bey danya, malla bo  
**hakkilungo reedugo, aynougo dawo dagnal, darnougo reedu debbo bo**  
**anniya, denbo darnougo tumouri bo, malla ngao djeji ngam wallidigo malla**  
**watougo k obo hoynougo robe fotaye danya.** Hebougo kawtal wajugo mane  
 bo a yobata denbo wola ko a waddata. Servisji mane bo mere, sina ko laarani haala  
 lligungo der houndeji robe mane bo.  
 Clinigji bo do hebbini ha fattude Milan bey pellet 13 do mari haala wolde mone.  
 Bey no himbe yaasi leddi malla hobbe doudiri ha italiaa jotta do, pelletji djeji wallata  
 mane do ko larani haala robe hobbe wari mane bo do hebbini denbo do sankkitti  
 hattone:bey do wada barni bo ngam ha bey wallita robe bey ko larani danyugo bey  
 kouje bikkoy robe koko hawtibe bey ha a wouro mone woni, **bey do hoosa haala**  
**wolde mone bey cutureji sendirta mone.** Ha pelletji do bo, himbe houwata  
 mane bo to taski wallugo ko hobbe mari haaje fou- denbo bey ko larani koujde djeji  
 takdimone. Himbe wolwata hakkunde mone bo do dari ha pellet sentreji mane.

## Njamou Roobe

# Pellet Yahougo hurga ha Milano

### CENTREJI DJEY NJAMOU BEY NANUGO DJEY ROOBE HOBBE BEY BIKKOY JI MABBE:

Centreji mane bo hopitaliji San paolo aynata , San carlo Borromeo bey kawtal Crinali, Himbe NGO  
 one hokkata entrenemanji, himbe taafata denbo bey do houwa djeji wallugo roobe immigrane  
 haala ko larani njamou danyugo , bana viougo do haala danyugo kam, malla dannugo reedou,  
 sterilizasionji, lligungo der poobe robe mane, denbo bikkoy sina to bey bouri doubi golamba dole  
 sina bey anyna. Centreji mane do mari himbe wolwata bey wolde jur diga leddi ha dunya do.

**San Paolo Hospital**  
*Gal Antonio di Rudini, 8* - Milano  
 Hospital room n. 15, floor 2°, block D  
 Phone Number: **02/89181040**

Wakkati kougat:  
 Salasa diga 9.00 fajiri ha 13:00 zura  
 Alamisa diga 1.30 zura till 17:30asira  
 Jambaare diga 9.00am till 13:00 zura

**San Carlo Hospital**  
*Gal Pio II, 3* - Milano  
 floor 3° B  
 Phone Number: **02/40222486**

Wakkati kougat:  
 Altine diga 9.00fajira till 13:00 zura  
 Salasa diga 13.30 zura ha 17:30 asira  
 Alamisa diga 9.00 fajiri ha 13.00 asira

### SVS-D: WALLAL ARANDE DO KO LARANI WATOUGO BEY HAMBRE SAARE:

Diga 1996, ha Clinicji Mangiagalli, pellet hakkilinta haala ko larani watougo bey hambre do mane do  
 wallita bey souklina haala njamou robe bey keeta denbo ko billita robe haala to be sargi bey do  
 haala watougo ha saar.

**Mangiagalli Clinic - Gal Commenda, 12** - Milano - **Wakkatiji 24 /yendeji fou;** balle 365/  
 hitaande fou Lamba. **02/5503 2489 (vhimbe bey hebri do watougo)** - Lamba. **02/5503 8585**  
**(himbe bey hebri do ha saare)**

### KAWTAL CLINICJI WAAJUGO DJEY BANDIRAABE BEY SERVISJI HAWTATA TAKDIENE:

**Kawtoho bey wolde Arab:**  
*Gal Conca del Naviglio, 45*  
 lamba. 02 85788121  
*Gal Cherasco, 75* - lamba. 02 85788235  
*Gal Brivio, 2* - lamba. 02 85788233  
*Gal Aldini, 72* - lamba. 02 85788236  
*Gal Remo La Valle, 7* - lamba. 02 85788530

**Kawtoho bey Wolde Chinois:**  
*Largo De Benedetti, 2* - lamba. 02 85788232  
*Gal Castelvetro, 28* - lamba. 02 85788237  
*Gal S. Erlombardo, 4* - lamba. 02 85788439

**Kawtoho bey Wolde Albanien:**  
*Gal Val di Bondo, 11* - lamba. 02 85788234

**Kawtoho bey Wolde Espagnol:**  
*C.so Italia, 52* - lamba. 02 85788119  
*Gal Ricordi, 1* - lamba. 02 85788348  
*Piazza Stovani, 3* - lamba. 02 85788532  
*Gal Della Ferrera, 14* - lamba. 02 85788534

**Kawtoho bey Wolde Tagalog:**  
*Gal Conca del Naviglio, 45*  
 lamba. 02 85788121

**Kawtoho bey Woldeji Fere:** sina to a emi

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Himbe doggata wouro mabbe ngam habreji malla ballal leddi yaasi, kam bey yaasi  
 bey yobougo chede sina lewrou jeeego to bey hokkitti dereji djeji application. Yaake  
 mane kadi, to woodi kougat bey heebi ha wouro mane sey bey regista ha Servisji  
 djeji Njamou himbe wouro; To bey hebaye kougat bo, sina bey ema bey yaafabe tyo  
 bey yotti danrageji mane bo (chede sina wona sedda).

Denbo min to reeni a yoba tike bo djeji larai pat.Denbo sina himbeji do mine atchi!  
 fotaye yoba chede djeji Ngao: kuturune,himbe fotata boddoum dey himbe yahata,  
 himbe djeji chede bandiraabe mabbe famdi malla doudi mabbe; ha Lombarda  
 bikkoy yottaye doudi 14 mine atchi bey ta bey yoba tikeji mane k obey do mari  
 chede fou.

Ngaoougo maada wola bey data.  
 To a wooda chede jur bo dole goddo mane a signa Dereji seedugo heba a heba  
 yehi ha wouro mane fou. Lamba STP mane bo djeji lebbi 6 denbo a toti a hestira.  
 mane sey be hokke lamba ma djeji wouro STP ( Kodo djeji fabbata) djeji bey andi a  
 Baadi kam sina to bey windi derji ngao ta wone).To a yehi arande ha pellet clinicji  
 maada: Njamou goddo bourane morougo sembe do haala fitinaji immigraationji!  
 houwata fottaye apele himbe polissene malla himbe sooje ko a wola dereji joodal  
 ko o oustata billa ngaoji bo, heftougo ngaoji bey ittingo maladiji mane bo. Himbe  
 : aynougo debbo reedu bey danyugo, njamou binguel mane bo, bey vaccinasionji,  
 neebi ngam ta billa djamou malla dumya maada. Serviceji fere to done djeji aynata  
 hopitalene djeji wouri pat, no inde mane woniri fou toti yaha diga lao-lao malla sina to  
**Hobbe wouro djeji joodougo** do mari bawde yahougo ha clinicji bey

golaamba, bawde golaamba denbo bey do atcha bey heba ko larani njamou fou pana  
 himbe wouro italiaa mane:heba a heba a houtinira bey ballal djeji Servis Njamou  
 djeji Wouro (NHS) mane sina a yaha ha ASL (pellet himbe mari bawde Djamou) ha  
 fattude, hattone mane bey hokkete carte njamou djeji a utlizata heba a hurga horee  
 ma. Fabbougo mane bo golaamba bey Dereji joodal denbo de golaamba a yobata  
 tane. Ballal do bo sina to a yetchi a houwata bey chede wooda bo ha italiaa djeji  
 yobougo.

Njamou mane:  
 fere-fere hakkunde hobbe warata mane do ko larani hebuge sembe wallal djeji  
 Nasara ene, ko a wola dereji wouro italiaa malla dereji joodal. Amma danrageji mane  
 bey takdi maada. Njamou himbe kam bey to teddini ko na a goddo wouro Kawtal-  
 hawtibe do bey ko larani To a debbo malla gorko, dina maada, wolde a wolawata  
 Ha italy, Njamou kam bey do ardini denbo bey aynane djeji himbe fou wola bo ko

## Njamou doun danrage ma



Photo: Jennifer Huxia/Actionaid | Ewanine, 25, East Pokot, Kenya, pictured with her daughter Mercy

# Njamou ma, danrageji maada

## Wallitordeji Djeji Roobe Hobbe Haala Watougo Bey Danyugo Ha Wouro Milano





Photo: Vaid Sakshin/ActionAid



Photo: Amrizzaman/ActionAid



Photo: Jake Lyell/Shoot the Earth/ActionAid



Photo: Lianne Milton/Paros/ActionAid



# YOUR HEALTH, YOUR RIGHTS

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